



Mountain Health Trust

Value Added Services



24-hour
nurse line:
1.800.624.6961

Members	Value Add
Access to CoreWellness, an online tool to help members learn ways to get and stay healthy	
Health risk assessments	
Dedicated care managers to help members manage medications, disease and improve overall health	
Specialized care managers for neonatal abstinence syndrome (NAS), NICU, high-risk obstetrics, hepatitis, and behavioral health. Face-to-face case management with high-risk members with specialized care managers	
One-on-one education with asthma nurse educator	Asthma pack with peak flow meter, spacer and carrying pack available upon request
Diabetes Outreach Program	
• Completion of a HbA1c blood test	\$25 Gift Card
• Diabetic eye exam	\$25 Gift Card
• Diabetes education by case managers	
• One-on-one education by diabetes educators on glucometer, insulin pump use and general diabetes education	
Unlimited calls to Member Services and free wellness and appointment reminder texts	Cell phone with minutes for text & voice
Personal assistance with applying for SSI	
One-on-one help to quit smoking with a certified coordinator	
<i>Members 12 & older:</i> Quit smoking packets with workbook, relaxation exercises and quit smoking survival kit	
Referral to Jobs & Hope West Virginia program aiding members in recovery from substance use disorder	Job training and financial education classes
Teladoc	24/7/365 Access to providers for non-emergent care



Already a member?

Call **1.888.613.8385** to learn more about getting these benefits.

Eligible for Medicaid/WVCHIP?

The Health Plan is the right plan for you! Call **1.800.449.8466** to learn more.

Pregnant, New Moms & Mothers	Value Add
Maternity Outreach Program:	
• Completion of 6 prenatal visits	\$100 Gift Card
• Post-partum visit	\$50 Gift Card
Care coordination through baby's 1st year for mother's with high-risk pregnancies	
Care coordination through baby's 1st year for mother's with substance use disorder during pregnancy	
Text4Baby messages to keep mom and baby healthy	
NICU babies or babies with complex conditions	

Children	Value Add
Dental exam under 21 years of age	\$25 Gift Card
Yearly well visit 3 – 21 years of age	\$25 Gift Card
Boy Scouts 5 – 18 years of age	Annual Membership
Girl Scouts 5 – 18 years of age & members 18+ wishing to volunteer and mentor to join	Annual Membership
Boys & Girls Club 6 – 18 years of age	Annual Membership

Women	Value Add
Completion of Pap Smear	\$25 Gift Card
Completion of mammogram for women aged 40 and over	\$50 Gift Card

Help in your language

Do you need help communicating with us or reading what we send you? We provide our letters in other languages and large print at no cost to you. Call our toll-free Customer Service Department at 1.888.613.8385 (TTY: 711).

Plan On It.

healthplan.org