
Need Assistance with Activities of Daily Living?

Do you or a loved one need help with personal care or activities such as:

- **Bathing or Showering**
- **Dressing or Grooming**
- **Meal Preparation or Feeding**
- **Light housekeeping or Laundry**
- **Grocery Shopping**
- **Medication Reminders**



You may be eligible for these services through WV Personal Care, WV Waiver Programs or Private Pay Services. Call Coordinating Council for Independent Living for more information and a FREE evaluation for services.
304-733-6415 (Local) or 800-286-1454 (Toll Free)
