Children's Dental Health AVAILABLE RESOURCES

BY SECTOR

CHILDREN
Activities, Videos,
Phone Apps

PARENTS AND CAREGIVERS Tips for Healthy Teeth PROGRAMS
Pre-K and In-Home
Family Education

SCHOOLS AND TEACHERS Lessons and Activities, K-12 CHILDREN'S HEALTHY TEETH

COMMUNITY
ORGANIZATIONS AND FRNS
Available state
resources

DENTAL AND HEALTH NATIONAL RESOURCES WVDA, ADA, AAPA, AAP COUNTY AND
COMMUNITY HEALTH
Resources, Oral Health
Education

DENTISTSFind A Dentist, Dental
Home, Insurance, CHIP





CHILDREN
Activities, Videos,
Phone Apps

Children's RESOURCES

ACTIVITIES

SUGAR WARS CAMPAIGN

The super space team on the U.S.S. SugarSwatter is making it their mission to fight the sugars that can cause poor dental health, and your child can be a part of the crew! Download the brushing chart and activity sheets below to teach them how to keep their smiles sparkling like the stars.

www.mouthhealthykids.org/en/activity-sheets/sugar-wars

THE AMERICAN DENTAL ASSOCIATION'S MOUTH MONSTERS CAMPAIGN, ADA FOUNDATION CHILDREN'S RESOURCES

www.ada.org/en/public-programs/national-childrens-dental-health-month

GAMES AND QUIZZES

www.mouthhealthykids.org/en/games-and-quizzes/visit-the-dentist-with-marty

HEALTHY TEETH, HEALTHY ME: Caring for young children's teeth is an important part of keeping their bodies healthy — and it's never too early to get started! These tips and tools were designed to help you and your child care for her teeth together. www.sesamestreet.org/toolkits/teeth

VIDEOS

ORAL HEALTH, ACCORDING TO KIDS Kids say the darnedest things! What did you think about oral health when you were five years old? Chances are you didn't think about it at all, unless you had a painful cavity. See what these kids think about brushing their teeth, what keeps teeth strong and going to the dentist! www.ilikemyteeth.org/learn-and-share/oral-health-according-to-kids/

BRUSH 2MIN2X Help your kids brush their teeth 2min2x (2 minutes each time, twice a day) for healthier teeth, good breath, fewer cavities, and to avoid painful dental problems. The Partnership for Healthy Mouths, Healthy Lives recommends that you help or watch over your kids' brushing until they're 8. Once your child's teeth start to come into the mouth, brush using a children's toothbrush and fluoride toothpaste in an amount no more than the size of a grain of rice. www.2min2x.org

TOOTHSAVERS BRUSHING GAME/APP www.2min2x.org/toothsavers

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HELP YOUR KIDS BRUSH THEIR TEETH 2MIN2X (2 minutes each time, twice a day) for healthier teeth, good breath, fewer cavities, and to avoid painful dental problems.

The Partnership for Healthy Mouths, www.2min2x.org

RESOURCE LINKS www.2min2x.org/helpful-resources/index.html

BEST PRACTICES: Age One Dental visit, Fluoride Varnish, Community Water Fluoridation, Sealants

http://ilikemyteeth.org/learn-share

https://www.aapd.org/resources/parent/

CHILDREN'S ORAL HEALTH

www.cdc.gov/oralhealth/basics/childrens-oral-health/index.html

PROTECTING YOUR CHILD'S TEETH

 $\underline{www.cdc.gov/oralhealth/basics/childrens-oral-health/fl_caries.htm}$

BRUSH UP ON HEALTHY TEETH

https://www.cdc.gov/oralhealth/basics/childrens-oral-health/

A HEALTHY SMILE CAN LAST A LIFETIME: With the proper care, your teeth can stay healthy and strong throughout your entire life. Get advice on caring for your mouth at any age and any stage of life! www.mouthhealthy.org/en/life-stages

SHOPPING LIST ADA SEAL OF ACCEPTANCE PRODUCTS FOR KIDS

 $\underline{www.mouthhealthy.org/en/ada-seal-products/kids-shopping-list}$

PARENTS AND
CAREGIVERS
Tips for Healthy Teeth

Parents & Caregivers RESOURCES

ESTABLISH A "DENTAL HOME," TIPS ON TOOTH DECAY PREVENTION, REPORTS, GET IT DONE IN ONE YEAR CHECKLIST AND MORE www.mychildrensteeth.org/

http://mouthmonsters.mychildrensteeth.org

ORAL HEALTH CAMPAIGN

www.mychildrensteeth.org/oralhealth

HEALTHY TEETH ACTIVE KIDS The American Academy of Pediatric Dentistry has developed this brief guide to help parents and caregivers be prepared for the most common types of childhood tooth injuries. http://mouthmonsters.mychildrensteeth.org/?s=active+kids+teeth

HOW TO PROTECT YOUR BABY'S TEETH FROM CAVITIES www.aapd.org

 $\frac{http://www.cabellfrn.org/wp-content/uploads/2017/02/AAPD-How-to-protect-babys-teeth-from-cavities.pdf}{}$

A MOM'S GUIDE TO FLUORIDE

http://www.mouthhealthy.org/en/babies-and-kids/moms-guide-to-fluoride

DOES YOUR BOTTLED WATER HAVE FLUORIDE?

https://www.mouthhealthy.org/en/ask-an-ada-dentist/does-bottled-water-have-fluoride

4H HEALTHY LIFESTYLES: DENTAL HEALTH

Dental Health was the focus 4-H Healthy Lifestyles Initiative for 2017 and still relevant now. Family Health Handouts are monthly activities that families can do together to promote better dental health. Handouts can be found at http://extension.wvu.edu/youth-family/4h/programs/healthy-lifestyles-initiative

PROGRAMS
Pre-K and In-Home
Family Education

Early Education Program RESOURCES

PRESENTATIONS: SMILE SMARTS DENTAL HEALTH CURRICULUM

Smile Smarts! is dental health curriculum for preschool through grade eight students offering flexible, modular lesson plans, support materials, hands-on classroom demonstrations, student activity sheets, and suggestions for future dental health activities.

www.mouthhealthykids.org/en/educators/smile-smarts-dental-health-curriculum

WV DHHR APPROVED STANDARDIZED ORAL HEALTH CURRICULUM PDFs of

teacher curriculum guides for Pre-K Head Start: https://livewell.marshall.edu/OralHealth/resources/

HEALTHY SCHOOLS: DENTAL EXAM REQUIREMENTS

The mission is to provide leadership, training and support for schools and their communities designed to improve collaboration and ensure the health and educational achievement of children in a safe, nurturing and disciplined environment. www.wvde.state.wv.us/healthyschools/

HEALTHCHECK

www.dhhr.wv.gov/HealthCheck/healthcheckservices/Pages/default.aspx

IMMUNIZATIONS

www.dhhr.wv.gov/oeps/immunization/Pages/default.aspx

DENTAL-EXAM REQUIREMENTS

wvde.state.wv.us/healthyschools/documents/dentalexamrequirementstoolkit3-19-2015.pdf

CDC REPORT ON TOOTH DECAY AMONG PRESCHOOL CHILDREN

www.cdc.gov/nchs/pressroom/o7newsreleases/oralhealth.htm

PROGRAMS
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Early Education Program RESOURCES

RESOURCES FOR HOME VISITORS

Click below for a two-page list of resources.

http://www.cabellfrn.org/home/dental/resources-for-early-education-programs-prek-in-home-family-education

HANDOUTS AND OTHER PRESENTATIONS AND EDUCATION COURSES

- $\bullet \ \text{Supply Request Oral Health} \underline{\text{\bf https://dhhr.wv.gov/oralhealth/Pages/default.aspx}}$
- Marshall University Oral Health https://livewell.marshall.edu/OralHealth
- Campaign for Dental Health www.ilikemyteeth.org

HEAD START EARLY CHILDHOOD LEARNING & KNOWLEDGE CENTER

Website has info about getting young children and their families ready for school and ready for life. Topics are on health, mental health, nutrition, oral health, physical health, safety and more.

https://eclkc.ohs.acf.hhs.gov/

https://eclkc.ohs.acf.hhs.gov/oral-health

SCHOOLS AND TEACHERS Lessons and Activities, K-12

Schools & Teachers RESOURCES

SCHOOL FLUORIDE MOUTH RINSE PROGRAM West Virginia Fluoride Mouth Rinse Project Instruction Manual provides information for school administrators and personnel, FMH coordinators, and parents. It includes project administration guidelines, policies and procedures, teacher recommendation and forms. **Instruction Manual:**

https://livewell.marshall.edu/OralHealth

DENTAL HEALTH DISCUSSION IDEAS (Use these resources for interactive discussions with children about their oral health.) www.mouthhealthykids.org/en/educators/presentations-and-resources

WV DHHR APPROVED STANDARDIZED ORAL HEALTH CURRICULUM Curriculum guides for Pre-K Head Start, K-5 Lesson Plans, 6-12 Lesson Plans and School Community Oral Health Conference Handouts and Presentations https://livewell.marshall.edu/OralHealth/resources/

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www.mouthhealthykids.org/en/educators/smile-smarts-dental-health-curriculum

HEALTHY SCHOOLS The mission is to provide leadership, training and support for schools and their communities designed to improve collaboration and ensure the health and educational achievement of children in a safe, nurturing and disciplined environment. https://wvde.state.wv.us/healthyschools/www.mouthhealthykids.org/en/educators/smile-smarts-dental-health-curriculum

HEALTHCHECK

 $\underline{www.dhhr.wv.gov/HealthCheck/healthcheckservices/Pages/default.aspx}$

IMMUNIZATIONS www.dhhr.wv.gov/oeps/immunization/Pages/default.aspx

SCHOOLS AND TEACHERS Lessons and Activities, K-12

Schools & Teachers RESOURCES

DENTAL-EXAM REQUIREMENTS

 $\frac{https://wvde.state.wv.us/healthyschools/documents/dentalexamrequirementstoolkit3-19-2015.pdf}{}\\$

HANDOUTS AND OTHER PRESENTATIONS AND EDUCATION COURSES

- Supply Request Oral Health https://dhhr.wv.gov/oralhealth/Pages/default.aspx
- Marshall University Oral Health https://livewell.marshall.edu/OralHealth
- Campaign for Dental Health www.ilikemyteeth.org

SCHOOL-BASED ORAL HEALTH PROJECT www.healthinschools.org

AMERICA'S TOOTHFAIRY Supports the delivery of oral health education and care of children starting at the prenatal level. They offer free programs, support, products and information to local school districts and school nurses. www.ncohf.org

4H HEALTHY LIFESTYLES: DENTAL HEALTH

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COMMUNITY
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resources

Community Organizations & FRNs STATE RESOURCES

MARSHALL UNIVERSITY SCHOOL OF MEDICINE ORAL HEALTH COMMUNITY COORDINATORS

Wendy Mosteller, RDH, CTTS - 304-541-2119, <u>wendy.mosteller@marshall.edu</u> Gina Sharps, MPH, RDH, CTTS - 304-276-0572, <u>sharpsg@marshall.edu</u> Bobbi Muto, MPH, RDH, CTTS - 304-542-9592, <u>bjmuto.steele@marshall.edu</u> <u>www.thinkoralhealth.org</u>

WEST VIRGINIA ORAL HEALTH COALITION www.wvohc.org

WEST VIRGINIA PERINATAL PARTNERSHIP www.wvperinatal.org

ASSOCIATION OF MATERNAL AND CHILD HEALTH PROGRAMS www.amchp.org

WEST VIRGINIA RESOURCES FOR SCHOOLS AND MEDICAL PROGRAMS

Find out more about these programs at https://livewell.marshall.edu/OralHealth

MEDICAL: FLUORIDE VARNISH PROGRAM - CAVITY FREE BY THREE

Because primary care providers encounter new parents and infants during their well-child care visits, they are uniquely positioned to play a significant role in the prevention of dental caries. It is essential that primary care providers be aware of the infectious pathophysiology and associated risk factors of dental caries in very young patients so they make appropriate decisions regarding timely and effective intervention.

All primary care providers and staff that treat children are required to complete the Smiles for Life training course in caries risk assessment. The program targets children ages six months to under 36 months (three years) who are at-risk or high-risk for developing dental caries.

• Fluoride Varnish Manual: https://livewell.marshall.edu/OralHealth

COMMUNITY
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Community Organizations & FRNs STATE RESOURCES

SCHOOLS: FLUORIDE MOUTH RINSE PROGRAM

West Virginia Fluoride Mouth rinse (FMR) Project Instruction Manual provides information for school administrators and personnel, FMR coordinators and parents. It includes project administration guidelines, policies and procedures, teacher recommendations and forms. https://livewell.marshall.edu/OralHealth

WEST VIRGINIA ORAL HEALTH PLAN

https://livewell.marshall.edu/OralHealth/resources/

FAMILY RESOURCE NETWORKS (FRNS) IN WEST VIRGINIA

The West Virginia Family Resource Networks are organizations that respond to the needs and opportunities of the community. Partnering with community members and public and private organizations, the WVFRN.org members develop innovative projects and provide needed resources for their local areas. Our initiatives demonstrate the network's commitment to community development in the region. Find your county contact on the website: www.wvfrn.org

RETHINK YOUR DRINK

Website launched by the West Virginia Oral Health Coalition (WVOHC) allows visitors to type in their favorite drink and receive suggestions for healthier options. It promotes water whenever and milk with meals. https://rethinkyourdrinkwv.com/

DENTAL AND HEALTH NATIONAL RESOURCES WVDA, ADA, AAPA, AAP

Dental Health NATIONAL RESOURCES

CENTER FOR DISEASE CONTROL (CDC)

www.cdc.gov/oralhealth/basics/index.html

CAMPAIGN FOR DENTAL HEALTH (CDH) Ensures people of all ages have access to the most effective, affordable and equitable way to protect teeth from decay — community water fluoridation. www.ilikemyteeth.org

AMERICAN ACADEMY OF PEDIATRIC DENTISTRY (AAPD) The national membership association representing the specialty of pediatric dentistry. AAPD equips parents and caregivers with the latest evidence-based information on the prevention of tooth decay and the establishment of a foundation for a lifetime of oral health. Includes reports and latest information. As the recognized authority on pediatric oral health care, it's important to us that parents and caregivers have a resource they can turn to whether they are looking for general information related to their child's dental health or guidance on a specific issue. www.mychildrensteeth.org

This infographic includes key stats from AAPD's State of Little Teeth Report which examines the epidemic of tooth decay among children. http://mouthmonsters.mychildrensteeth.org/keystats-from-the-state-of-little-teeth-report/

HEALTHY TEETH ACTIVE KIDS The American Academy of Pediatric Dentistry has developed this brief guide to help parents and caregivers be prepared for the most common types of childhood tooth injuries. http://mouthmonsters.mychildrensteeth.org/active-kids-healthy-teeth/

FIND A HEALTH CENTER https://www.findahealthcenter.hrsa.gov/

MOUTH HEALTHY BY THE AMERICAN DENTAL ASSOCIATION

Information about all life stages from prenatal to senior adults and topics A to Z about dental health. http://www.mouthhealthy.org DENTISTS
Find A Dentist, Dental
Home, Insurance, CHIP



FIND AN AMERICAN DENTAL ASSOCIATION MEMBER DENTIST

http://www.mouthhealthy.org/en/find-a-dentist

FIND A WEST VIRGINIA DENTAL ASSOCIATION DENTIST

www.wvdental.org/find-a-dentist

- Patient Education: www.wvdental.org/for-the-public
- West Virginia Dental Association Find a Dentist: www.wvdental.org/find-a-dentist
- Dental Clinics throughout West Virginia: provide care to individuals with special considerations. These clinics provide dental services to disabled, low income patients, patients on Medicaid, children, and others in need of dental care that they could otherwise not afford.

o Susan Dew Hoff Memorial Clinic – West Milford, WV 304-745-3700

o Wheeling Health Right – Wheeling, WV 304-233-9323

o WV Health Right – Charleston, WV 304-414-5910

o Ebenezer Medical Outreach – Huntington, WV 304-529-0753

o Putnam County Dental Health Council – Poca, WV 304-586-3111

o Milan Puskar Health Right – Morgantown, WV 304-292-8234

AMERICAN ACADEMY OF PEDIATRIC DENTISTS: FIND A PEDIATRIC DENTIST

www.mychildrensteeth.org/dentist_search

INSURE KIDS NOW Find a dentist who accepts Medicaid and CHIP www.insurekidsnow.gov

YOUR GUIDE TO FINDING AND PAYING FOR DENTAL CARE

www.mouthhealthy.org/en/dental-care-concerns/paying-for-dental-care

PERSONALIZED ORAL CARE COACHING: Visit a Pediatric Dentist in your local community or find one here: www.aapd.org/finddentist

DENTISTS
Find A Dentist, Dental
Home, Insurance, CHIP



WHAT PARENTS SHOULD KNOW ABOUT DENTAL COVERAGE FOR THEIR CHILDREN UNDER THE ACA AND OTHER SOURCES

A child with good dental health has an easier time eating, speaking, sleeping, playing, going to school and paying attention in class. Unfortunately, tooth decay is the most common chronic early childhood disease in the United States, and dental problems cause America's children to miss 51 million school hours a year. Part of the solution to protecting the dental health of your children is a solid dental insurance plan that is the right fit for your family.

www.mychildrensteeth.org/education/aca_coverage_for_children/

NEEDY MEDS: FREE AND LOW-COST CLINICS

Free and low-cost clinics provide primary and preventive medical and dental care to area residents. In addition to the clinic name, address, telephone number, website (if available) and location map, the following information is listed for each clinic: fees, insurance guidelines, eligible patient income levels, and services offered. Please note that clinics are not necessarily free.

http://www.needymeds.org/free-clinics-branch

ORAL HEALTH ADULT SERVICES PROGRAMS: DONATED DENTURE AND PRE-EMPLOYMENT PROJECTS

A project of the Bureau for Public Health, Office of Maternal, Child and Family Health/Oral Health Program (OMCFH/OHP) that offers free partials or full dentures through a partnership with dentists across the state who agree to donate their services to patients who meet various criteria. For more information on the Donated Denture Project or Pre-Employment Project, please visit your local DHHR office. Contact: Tiffany Keith, Adult Services Supervisor, <u>Tiffany.M.Keith@wv.gov</u>

FIND A HEALTH CENTER www.findahealthcenter.hrsa.gov

COUNTY AND
COMMUNITY HEALTH
Resources, Oral Health
Education

County & Community Health RESOURCES

CABELL COUNTY FAMILY RESOURCE NETWORK

Check the "**Resources**" section to find Cabell County Quick Guide and other website links to resources. www.cabellfrn.org

INFORMATION AND REFERRAL

Information and Referral: To find an "Agency" (non-profit, governmental, community service), click on the link "Directory of Community Services." http://services.cabell.lib.wv.us/

To find a listing of clubs & organization list, Directory of Community Services, local information, sites of interest, education, healthcare, staying safe online, transportation and media websites, visit:

https://cabe.ent.sirsi.net/client/en_US/cabell/?rm=COMMUNITY+INFO0%7C%7C %7C1%7C%7C%7C%7C%7Ctrue

Some clubs and agencies prefer not to be listed on the website but provide contact details to Information and Referral to be shared with patrons who make a request for information by phone. (Call: 304-528-5660)

OTHER DENTAL INFO

Colgate: Education information for all areas: Families, teachers, volunteers, and dental professionals like videos, electronic books, handouts, etc.

https://www.colgate.com/en-us/bright-smiles-bright-futures

Oral B: Website lists info on life stages from baby teeth to dentures. https://oralb.com/en-us/oral-health/life-stages