



West Virginia Infant/Toddler
Mental Health Association
Supporting the social and emotional well-being of children

Celebrating the Child: Infant Mental Health Week Webinars

Hosted by the West Virginia Infant/Toddler Mental Health Association

**All webinars will be from 12 noon – 1 p.m.
1 Contact Hour of WV STARS available**

<p>Monday, May 15, 2017</p>	<p>Trauma and Families with Infants</p> <p>Traumatic events occur in the lives of nearly every person, regardless of race/ethnicity, socio-economic status, age, gender, and disability. Trauma is not limited to abuse, neglect, and domestic violence, but also crime, disasters, accidents, severe illness, and combat. The effects can be minimal to wide-ranging, and can impact persons from an individual level to a systems-wide/societal level. The presenters will provide data to illustrate the extent of trauma exposure to children and adults in West Virginia, including children with disabilities. A model for recognizing and working with children and parents exposed to trauma will be presented, as will the importance of recognizing one's own limits—both personally and professionally—when addressing trauma. The importance of ensuring safety, non-judgmental advocacy, and making appropriate referrals will be stressed.</p> <p><i>Presenters: Dr. Joseph R. Scotti and Claudia S. Neely, MDiv, MA, WHOLE Families</i></p>		
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<p>Tuesday, May 16, 2017</p>	<p>Infant Mental Health is a Game Changer!</p> <p>In this workshop, participants will learn how infant mental health is a game changer for a healthy successful life. Learn how infant mental health impacts how well we successfully adapt to play or struggle to survive the game of life. We will review what has been learned from the ACES Study, trauma and brain development as well as emotional and behavioral patterns developed at infancy that impact a person throughout the life span and even her/his life expectancy. To level the playing field, you will also learn strategies that are game changers for promoting healthy brain development and reducing the impact of trauma. We will review what is important to support the infant's optimal growth and development, reduce physical and mental health problems throughout the life span, and increase the opportunities to support a healthy successful lifestyle to be a winner in the game of life!</p> <p><i>Presenter: Katrina Jefferson, Peacetreer Center for Wellness/TLC Services</i></p>		
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<p>Wednesday, May 17, 2017</p>	<p>Attachment in Substance Use</p> <p>This session will review the basic theory of mother-infant attachment and the underlying neurobiology. It will discuss how substance abuse interferes and interacts with the neural circuitry of normal parenting and possible avenues for intervention.</p> <p><i>Presenter: Dr. Kalpana Miriyala, Marshall University School of Medicine</i></p>		
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<p>Thursday, May 18, 2017</p>	<p>Happy, Sad, Ugh! I Don't Know How I Feel Humans are programmed to feel lots of emotions. But for children with limited vocabulary and an even more limited understanding of the world around them, emotions can become overwhelming. This workshop will explain what the basic emotions are, where and how emotions are regulated in the brain, and how to utilize attachment and temperament to help children of all ages manage their emotions.</p> <p><i>Presenter: Kerri Wade, WVU Extension Service</i></p>	
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<p>Friday, May 19, 2017</p>	<p>Healthy Grandfamilies West Virginia ranks fourth among all states in the percentage of grandparents responsible for their grandchildren. This session will look at The Healthy Grandfamilies Project. This project is connecting with up to 120 Grandfamilies through a series of 9 workshops delivered in Kanawha and surrounding counties in WV. An important component of the project is the social work case management services that continue over a 6-month period.</p> <p><i>Presenters: Bonnie Dunn, West Virginia State University and West Virginia University Extension Service and Dr. Brenda Wamsley, Professor and Chair, Department of Social Work, West Virginia State University</i></p>	
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