

ORAL HEALTH MATERIALS FOR HOME VISITORS



Cavity Free Kids: An Early Start. Oral Health Education for Pregnant Women, Infants and Toddlers – 4 units addressing caring for teeth, importance of teeth, tooth decay process and prevention, dental care for families. Additional references and parent materials, tools for staff training. (English and Spanish) Training available. Fee-based. Washington Dental Service Foundation. http://www.cavityfreekids.org/wp-content/themes/cfk-2011/downloads/CFK_EarlyStart-Curriculum-Sample.pdf

Cavity Free Kids: Oral Health Curriculum for Preschool Children and Their Families – 5 units addressing cleaning teeth, dental checkup, importance of teeth, what hurts teeth, keeping teeth strong. Designed for classroom that can be adapted for home visiting. Additional references and parent materials, tools for staff training. (English and Spanish) Training available. Fee-based. http://www.cavityfreekids.org/wp-content/themes/cfk-2011/downloads/CFK_Preschool-Curriculum-Sample.pdf

Help Me Smile – 8 minute video plus educational material designed for home visitors to provide information and coaching for families of infants, toddlers, and preschoolers. Ohio Department of Health Help Me Smile Home Visiting Program. www.mchoralhealth.org/materials/multiples/helpmesmile/

Teeth for Tots: Oral Health Education for Parents & Caregivers of Infants and Toddlers – 14 modules goals, outcomes, home visitor evidence-based knowledge, home visiting supplies and 15-minute home visit lesson plans that employ a Motivational Interviewing approach. Caries risk assessment for families to identify learning goals. Addresses oral health care for newborn, importance of primary teeth, age one dental visit, tooth decay process, fluoride, toothbrushing, weaning, nutrition, oral habits, dental first air, medications, special conditions. Kansas Head Start Association. (English and Spanish) Training available. Fee-based. Kansas Head Start Association. <https://www.ktheadstart.org/oral-health>

Teeth for Two: An Oral Health Resource Guide for Those Who Serve Pregnant Women – 9 modules providing goals, outcomes, home visitor evidence-based knowledge, home visiting supplies and 15-minute home visit lesson plans that employ a Motivational Interviewing approach. Oral health risk assessment tool for women to identify her learning goals. Addresses oral development of fetus, oral health risks and care during pregnancy, nutrition, safety of professional dental care, oral health care for newborns. (English and Spanish) Training available. Fee-based. Kansas Head Start Association. <https://www.ktheadstart.org/oral-health>

Tooth Tutor: A Simplified Oral Health Curriculum for Pre-K to Grade 12 – 48-page description of activities for classrooms that can be adapted to home visits with families of toddlers, including importance of baby teeth, tooth development, preventing tooth decay, nutrition, dental visits. Parent handouts and background information for teachers and home visitors. Free/Downloadable. Oral Health Program, Washington State Department of Health. http://here.doh.wa.gov/materials/tooth-tutor/15_ToothTutor_E11L.pdf

Drool to School: Caring for your child's oral health from the drool years through the school years – 5 sections covering pregnancy to youth, addressing dental care, tooth development, nutrition, toothbrushing, braces, injuries. Delta Dental Foundation. (English). Free/Downloadable. <http://www.deltadentalmi.com/MediaLibraries/Global/documents/From-Drool-to-School-Book-DIGITAL-MICHIGAN.pdf>

Fast Facts Oral Health Library – 7 one-page flyers for families on oral health practices in pregnancy, infancy, and toddlers. Kansas Head Start Association. (English and Spanish). Fee-based. www.ktheadstart.org/oral-health

Oral Health/Anticipatory Guidance Fact Sheets – 8 two-page pamphlets for families on toothbrushing, fluoride, medication, oral screening, nutrition, dental visits. Massachusetts Office of Oral Health. (English and Spanish) Free/downloadable. <http://www.mass.gov/eohhs/gov/departments/dph/programs/community-health/oral-health/fact-sheets-and-resources.html>



Print Materials
for Families



**Videos for
Family
Education**

Dental Care for Children with Autism – 6.40 minute video, featuring David Tesini, DDS, demonstrating repetitive skills that coach all young children how to use appropriate behavior during a dental examination. Available online. <https://www.youtube.com/watch?v=artQFqd6osQ>

Fluoride Varnish Application – 2.8 minute demonstration of the process of applying fluoride varnish with a child and mother, featuring Joanna Douglass, DDS.
<https://www.youtube.com/watch?v=zfdcjZ3ht9M>

Promoting Your Child’s Oral Health – 15-minute DVD demonstrating practices for parents in maintaining their toddler’s oral health, including screening, toothbrushing, dealing with resistance to toothbrushing, healthy food choices and eating practices, dental care. Free/downloadable. (English and Spanish) Karin Weber Gasparoni, DDS, PhD. Department of Pediatric Dentistry, University of Iowa. 319 335 7478 <http://www.dentistry.uiowa.edu/pediatric-videos>

Take Time for Teeth – 6.45 minute guidance for families of young children to keep teeth healthy, including parent toothbrushing, lift the lip screening, signs of decay, dental care. Texas Department of Health. 1997.
<https://www.youtube.com/watch?v=GlZ339mD8vw>



Healthy Smiles for Young Children– 19-page flip chart using pictures and short messages that describe toothbrushing for infants and toddlers , nutrition, signs of tooth decay, dental treatment, accompanied by a page with educational tips for home visitors. (English and Spanish) \$12 per copy. Karin Weber Gasparoni, DDS, PhD. Department of Pediatric Dentistry, University of Iowa. 319.335.7478 <http://www.dentistry.uiowa.edu/pediatric-fact-sheet>

Healthy Smiles for Special Individuals – Flip chart demonstrating oral health care for young people with developmental disabilities. May be fee-based. Gayle Gilbaugh, RDH, BS, Department of Pediatric Dentistry, University of Iowa. 319 356 1513 Gayle-gilbaugh@uiowa.edu

Help Me Smile – 36 flip cards with brief descriptions highlighted with graphics addressing pregnancy and oral health, oral screening, identifying tooth decay, toothbrushing tips, nutrition, medications, dental care, for families with infants through school age. Free/ downloadable. Ohio Department of Health, 2nd Edition, 2007
www.mchoralhealth.org/materials/multiples/helpmesmile/FlipCards.pdf

Learn to Lift the Lip and Prevent Tooth Decay – 10-page flip chart showing pictures of early childhood tooth decay and steps that parents and caregivers can use to look at children’s mouth and teeth for signs of disease. Topics include importance of baby teeth, signs of tooth decay, and treatment for early signs of decay. Free/downloadable. Pediatric Department, School of Dentistry, University of Washington. 2008 <http://www.dcdclinic.org/uploads/2/1/1/7/2117140/english.pdf>

Oral Health for Head Start Families – 18-page flip chart showing pictures and short messages on pregnancy and oral health, oral screening, identifying tooth decay, toothbrushing tips, nutrition, medications, dental care, accompanied by a page with educational tips for home visitors.. Free/downloadable. (English plus 10 other languages) 2010. Massachusetts Head Start Association. <http://www.massheadstart.org/oral-health.php>

Addendum:

The Maternal and Child Oral Health Resource Center at Georgetown University has compiled and documented many oral health educational resources that home visitors can use for their own education and for the families they serve.

<http://www.mchoralhealth.org/>