

LEARN TO MESSAGE YOUR BABY



Why learn to massage your baby?

Bonding—enhances communication and encourages fun interactions!

Relief—from teething, congestion, colic and gas

Relaxation – massaging your baby is enjoyable and relaxing for you and it may improve the quality of your baby's sleep

Who: Parents & babies, ages Birth-1 year

Cost: FREE

Dates: October 2, 16, 23, November 6 (Fridays)

Time: 1 pm-3 pm

Where: WIC Office. 5187 US RT 60E, Suite 12, Huntington WV 25705

For more information or to register, please contact: Melanie Meade 304-638-8238
melaniemeade69@gmail.com subject: infant massage